

C **A** **P** **I** **T** **A** **L**
Letters

Capital 40 YEARS OF
LETTER ARTS
Calligraphers.
1977
2017 SALEM, OREGON

SUMMER 2017

Upcoming events

Coming up this summer:
Fairs – sign up to volunteer!

ABOUT OUR GUILD

President: Lori Festa

Vice President: Barbara
Taylor

Treasurer: Jessie McCandlish

Recording Secretary: Katy
Bayless

Corresponding Secretary:
Penny White

Hospitality: Maryellen Barker

Historian: Caroline Tresidder

Librarian: Sylvia Giberti

Programs/Workshops: Sandi
Cormier and Laurie Naemura

Events/Exhibits: Laura
Drager

Media Coordinator: Tina
Wenger

Membership: Carol Baumann

Webmaster: Doug Hutt



Above, class photo from Judy Hickman's paper portfolio class; below, Laurie Naemura's portfolio.



Call for Entries

The Capital Calligraphers are 40 years old! Join us for the celebration.

All Oregon Calligraphy Exhibit: November 1-29, 2017 at the Elsinore Framing and Fine Art Gallery, 444 Ferry St. SE, Salem. Hours: Mon.-Fri. 9-6, Sat. 10-5

Theme: Oregon. Stumped? Google Oregon and you'll be blown away.

Artists' Reception: Wednesday, November 1 from 5-8 p.m. including refreshments, giveaways, and demonstrations

Check our website: capitalcalligraphers.org for entry dates, forms, drop-off/pick-up, contact information, and more. Orders for t-shirts with the anniversary logo will be taken in September (see order form on page 7).

CAPITAL CALLIGRAPHER'S LIBRARY NOTE:

Our Guild's Library has recently acquired more and some newer "Calligraphers Engagement Calendars". The entire collection now includes holdings from 1978 – 2004. As you may remember or will now learn the editors of these annual publishings would choose a theme and would ask for Calligraphic work from all over the country and farther with the main rule being the theme's subject. The Calligraphic Alphabet they chose was up to the Calligrapher. Once you try one (book) I'm sure you'll be inspired to read more.

Sincerely, Sylvia G.

UPCOMING MEETINGS & EVENTS

Sign up to volunteer at one of our regional art fairs!

Silverton Fine Arts Festival
August 19-20, 2017

Oregon State Fair
August 25 – September 4,
2017

Also, watch for a July workshop with Lori Festa – Lettering on Fabric.

Dear Calligraphers,

“The Colors of Fun!” – this year’s theme for the Oregon State Fair - is certainly appropriate for calligraphers!

The state fair website is now live for you to register online. Pieces (up to two entries) created in the last two years are eligible for entry. Although the deadline to register is August 1, surprise yourself and do it before you leave for vacation. A change in the division categories should make your entry process even easier.

Categories are now Beginner/Novice Adult Division, Intermediate/Advanced Adult Division, and Student Division. Go to the State Fair website

www.oregonstatefair.org click on Competitions, Creative Living, Visual Arts, and read the handbook prior to registering.



Ambassadors from all of your guilds/areas are ready to take questions and coordinate drop-off and pick-up of artwork. You can find them on the Capital Calligraphers website: www.capitalcalligraphers.org Demonstrators (writing names) and hosts play a very important role in making our exhibit one of the most popular at the Fair. Sign-ups are being taken by Barbara Taylor again this year and you can reach her at 503-991-5797. Check the website for the schedule of demonstrators and hosts.

Please pass this on to your newsletter editors and media chairs for publication.

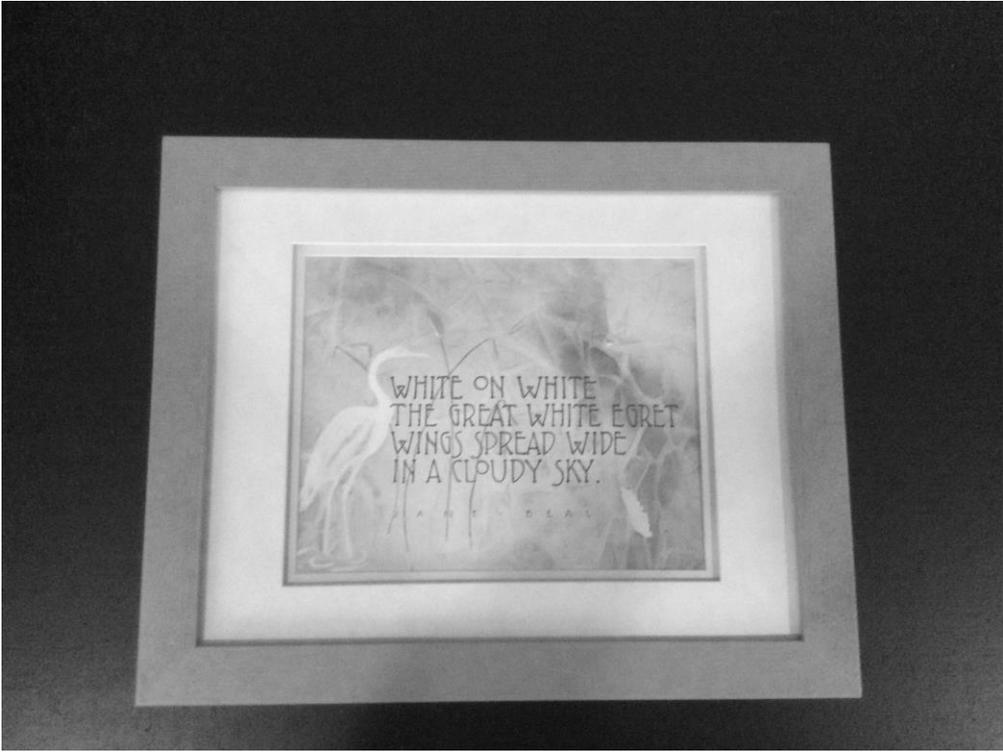
Your State Fair Calligraphy Department Chairs (volunteer)

Laura Drager 503-581-4486 - draggers@spiretech.com

Penny White 503-371-0308 - pen899@comcast.net



Photos from VCG members show: Left, 'Enough is Enough' by Edie Roberts; right, 'Creating' by Yuki Tanaka. Below, 'White on White' by Judy Black.



Gluten-Free, Dairy-Free, Egg-Free, Nut-Free, Refined-Sugar-Free Pumpkin Banana Bread

From Becky

This is the bread I brought to our potluck in December. In spite of being free of many American staples, it is full of deliciousness. Penny absolutely loved it! At her request, I present to you my best recollection of how I made it:

Dry ingredients:

5 cups Bob's Red Mill 1-to-1 GF Flour (see note below)
6 Tablespoons plus 2 teaspoons baking powder (see note below)
1 teaspoon baking soda
1 teaspoon sea salt
to taste: ginger, cloves, nutmeg, cinnamon

Wet ingredients:

5 bananas (brown spots are good)
about the same quantity of cooked & pureed pumpkin (or canned)
3/4 cup coconut sugar
1/4+ cup pure maple syrup
1 1/3 cup coconut oil
1 Tablespoon vanilla extract

Basically:

- mix the dry together.
- mix the wet together. (see note below)
- mix the dry with the wet until well combined and smooth.
- spread coconut oil into two 9" x 5" loaf pans.
- put the batter in the pans.
- bake at 350 degrees F until the middle of the loaves are 210-220 degrees F.
- place foil on top if they brown too much before they're done.
- remove from oven and let set for a few minutes before turning out onto a cooling rack.
- best wait until fully cooked before attempting to slice cleanly. Although, I admittedly often sacrifice visual beauty to saw off a piece to eat right after turning it out of the pan.

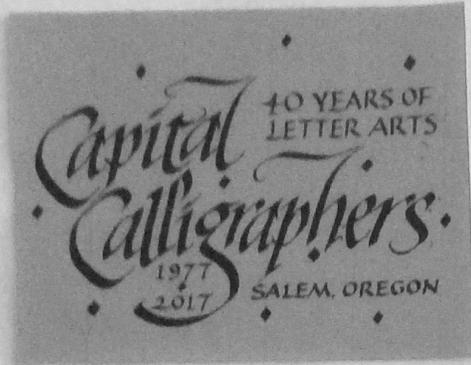
The Notes Below:

I like to mash the bananas on a plate with a fork so they have a smooth consistency. Although, using a stand mixer accomplishes the same and will also incorporate the other wet ingredients quite handily.

In our home, we use a corn-free substitute for baking powder: 1/2 part baking soda, 1/2 part arrowroot, and 1 part cream of tartar.

In the original bread I made that Penny ate, I used a homemade gluten free flour mix from www.alittleinsanity.com. I have successfully used the Bob's Red Mill 1-to-1 Blend interchangeably as they have very similar ingredients. The recipe that inspired mine above is also at the same site.

CAPITAL CALLIGRAPHERS 40TH ANNIVERSARY T-SHIRT ORDER FORM



PLEASE SELECT THE SIZE DESIRED OF THE WOMENS DARK FUCHSIA 100% RING SPUN COTTON T-SHIRT WITH ELBOW LENGTH SLEEVES, XS-4XL OR RED CREW NECK REGULAR CUT T-SHIRT, XS-4XL, BOTH WITH 40TH ANNIVERSARY LOGO.

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97304, 503-949-9884

MAKE CHECK TO: CAPITAL CALLIGRAPHERS



Decorated envelope by Cheryl Zacher

SUMMER BIRTHDAYS

JUNE	Susan Cole	6/6
	Lori Festa	6/11
	Laura Drager	6/28
	Stan Kerzel	6/29
JULY	Sally Keeney	7/13
	Don Mortensen	7/26
AUGUST	Laurie Naemura	8/11
	Sylvia Giberti	8/12
	Manya Meador	8/13
	Penny White	8/14
	Diana McCabe	8/18
	Mickey Staller	8/24

CAPITAL
Calligraphers
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